

# Horseheads Varsity “H” Boys Soccer Camp

Grades 9-12

**August 4-7 • 8:00-12:00**

**High School Stadium**

**\*\*Registration is online**

<b>Camp Location:</b>	High School Stadium
<b>Equipment Required:</b>	<b>A water bottle (preferably labeled with child’s name)</b> Shorts, t-shirt, cleats, shin guards
<b>Registration Fee:</b>	\$85.00 (This includes a camp T-shirt)
<b>Make checks payable to:</b>	Horseheads Varsity “H” <b>**Bring on the first day of camp.</b>
<b>Camp Director:</b>	Mark Mucci, Head Varsity Boys Soccer Coach
<b>Assistants:</b>	Lee Spencer, Head Varsity Girls Coach Past Horseheads Varsity Boys Soccer Players

## **Camp Philosophy**

The goal of this camp is to improve a player's technical ability and tactical understanding of the game of soccer. Daily foot skill training is designed to improve control of the ball and teach the participants various drills that they may do on their own to improve and grow as a player. Tactical training will teach movements on the pitch, how to maintain possession through supporting the player on the ball, and how to organize on attack and defense. Players will be supervised and instructed by experienced coaches, as well as by former and current Horseheads soccer players.

## **Schedule:**

**Monday – Foot skills and Defense**

**Tuesday – Foot skills and Passing/Possession**

**Wednesday – Foot skills and Attacking**

**Thursday - Small Sided Games and Skills Competition**